

# Delmarva's Strongest Man and Woman

United States Strongman, Inc. Contest Entry Form

[USS Membership Required of all Athletes](#)

**Contest Director:** Dr. Andy Deck

**Contact Info:** 4433662864

**Date & Time:** 12/14/2019 10:00:00 AM

**Location:** Iron Strong CrossFit 32156 Beaver Run Dr., Salisbury, MD 21804

**Weigh-in:** Iron Strong CrossFit, 12/13/19 5:00pm-8:00pm, 12/14/19 7:00am-9:00am

**Hotel:** Sleep Inn Salisbury

## **Divisions:**

W LW Novice (165-)	181	M MW Open
W HW Novice (165+)	198	198-
W LW Master (132-)	W SHW Open	220-
W MW Master (132-165)	242	M HW Open
W HW Master (165+)	242+	242-
W LW Open	M LW Novice (220-)	275-
123	M HW Novice (220+)	M SHW Open
132	M LW Master (220-)	308-
W MW Open	M HW Master (220+)	308+
148	M LW Open	
165	165-	
W HW Open	181-	

**Events:** Axle Clean and Press, Yoke/Keg Carry, Deadlift, Push/Pull (vehicles and/or sleds), Stone Over Bar

**Awards:** weapons or trophies

**Entry Fees:** \$40

**Entry Deadline:** 11/30/19

**Mail Entries & Fees:** Andy Deck 32156 Beaver Run Dr., Salisbury, MD 21804

**Online Entry:** USS Website

## **Social Media Links:**

[https://www.facebook.com/events/732201080588085/?notif\\_t=plan\\_user\\_associated&notif\\_id=1571229641898521](https://www.facebook.com/events/732201080588085/?notif_t=plan_user_associated&notif_id=1571229641898521)

## Delmarva's Strongest Man and Woman

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against United States Strongman, Inc., Willie Wessels, Andy Deck, Iron Strong CrossFit, Dave Marquette, Lisa Marquette, Kevin Mealey, Bill Culver, Anchored Fitness LLC, Toys for Tots, Michelle Deck, Willie Wessels, John Albrecht, United States Strongman Inc., any and all sponsors of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction with these championships and in traveling to and from the event. And in further consideration of permission being granted to me to participate in the United States Strongman, Inc. CONTEST and its related events, I hereby grant United States Strongman, Inc., and/or any other approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at anytime in connection therewith. Nothing contained herein shall be deemed to obligate United States Strongman, Inc., and/or any other approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that United States Strongman, Inc. and/or any other approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to United States Strongman, Inc.. and/or any other approved video or entertainment organization hereunder. Therefore I affix my signature below:

Name \_\_\_\_\_ Shirt: \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Email: \_\_\_\_\_

Division: \_\_\_\_\_ Weight Class: \_\_\_\_\_ Height: \_\_\_\_\_ Gym: \_\_\_\_\_

Signature: \_\_\_\_\_

(Parent or Guardian signature required if the contestant is under 18.)