# **Cúchulainn Classic**

## United States Strongman, Inc. Contest Entry Form

USS Membership Required of all Athletes

Contest Director: Michael T Price

Contact Info: pricecooks30@gmail.com

Date & Time: 3/14/2020 11:00:00 AM

Location: Pleasant Gap Fire Company Carnival Grounds 475 Robinson Ln, Pleasant Gap, PA 16823

Weigh-in: Weigh-in starts at 9 on the day of event in the center of the Carnival Grounds

Hotel: None

**Divisions:** 

W Novice (Open)

W Master (Open)

W LW Open

W MW Open

M MW Open

M HW Open

M HW Open

Events: Stone Put, Jefferson Lift, Carry/Load Medley, Axle Bar Clean and Press, Finn McCool's Fishing Line

Awards: Medals for first, second, and third

Entry Fees: \$45 for first 10. All others #60

Entry Deadline: February 29th 2020

Mail Entries & Fees: No

Online Entry: https://cuchulainnclassic.ticketspice.com/cuchulainn-classic

Social Media Links: https://www.facebook.com/events/922616564782280/?ti=cl

## Cúchulainn Classic

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against United States Strongman, Inc., Willie Wessels, Michael T. Price, Melissa L. Price, Pleasant Gap Fire Company, any and all sponsors of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction with these championships and in traveling to and from the event. And in further consideration of permission being granted to me to participate in the United States Strongman, Inc. CONTEST and its related events, I hereby grant United States Strongman, Inc., and/or any other approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at anytime in connection therewith. Nothing contained herein shall be deemed to obligate United States Strongman, Inc., and/or any other approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that United States Strongman, Inc. and/or any other approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to United States Strongman, Inc., and/or any other approved video or entertainment organization hereunder. Therefore I affix my signature below:

Name		Shirt:				
Address:						
City		State:	Zip Code:			
Phone:	Age:	Date of Birth:				
Email:						
Division:	Weight Class:	Height:	Gym:	- 12		
Signature:	100.110					

(Parent or Guardian signature required if the contestant is under 18.)

Cúchulai nn	Novice Women	Masters 50+	LWW	MWW	HWW	Novice Men	Masters 50+	LWM	MWM	HWM
Classic		Women					Men			
March										
14 2020										
Stone	12	12	12	12	12	22	22	22	22	22
Put										
Jefferso	165	185	185	215	255	255	275	275	325	395
n Lift										
Carry/Lo	100/120	120/140	120/140	140/160	160/180	180/200	200/220	200/220	220/240	240/260
ad	/160	/160	/160	/160	/240	/240	/240	/240	/275	/275
Medley										
Axel Bar	100	110	110	130	140	200	225	225	250	275
Clean										
and										
Press										
Finn	300	300	300	350	350	400	400	400	450	450
McCool'										
s Fishing										
Line										

#### **Rules Here:**

#### **Stone Put**

- Any technique can be used. However the competitor must keep the stone cradle to the neck prior to releasing it.
- Competitor must not step over the trig (toe board) when throwing the stone.
- The competitor may start and stop their throw and it will not count as an attempt provided the implement does not leave their hand and the competitor has committed no foul. Example: stepped over the trig or spit in the judges face. However try to keep it quick this isn't Riverdance.
- One one hand can be on the stone when throwing it.
- 3 attempts longest distance wins.
- Wrist wraps and Kilts allowed. Underwear required
- No tacky, cleats, or trebuchets allowed

#### **Jefferson Lift**

- Competitor must straddle the bar.
- Hand and foot placement can be changed at any time.
- Must wait for the down command from the judge for the rep to count.
- Must be locked out no matter what Eddie Hall says.
- 60 sec. Most reps wins
- Chalk, Straps, belts, and Kilts allowed. Underwear required
- -No deadlift suits, baby oil

#### Carry/load medley

- 60 second time limit
- 50 foot distance
- Implements can be loaded in any order.
- First implement must make it over the bar before distance is measured. If it does not go over there will be a zero in the event.

- Grip Shirts, belts,, gloves and Kilts Allowed. Underwear required.
- No tacky or cleats
- Women 42" bar height
- Men 52" bar height

### Axel bar clean and press

- 60 second time limit
- Must clean each rep
- Do not tree topping :control the down each rep (Judge will penalize)
- Elbow must be locked out, athlete steady and head through
- Must wait for judges down command
- Belts, sleeves, wraps and Kilts allowed. Underwear required.
- No straps, tacky, or gloves

#### Finn McCool's Fishing Line

- The athlete will grip the line (rope) and pull the sinker (first sled) towards them. They may pull seated or standing, but must stay behind the starting line. The weight increases when the hook (second sled) starts to move.
- The event ends when the front of the sinker (first sled) crosses the line (time), or 60 seconds has elapsed (distance of).
- The weight is the total weight pulled with both sleds
   Belts, gloves, wraps and Kilts allowed. Underwear required
- No tacky, cleats